

## **Drinking Water from our fresh Water Spring at Hotel Kalypso**

After facing the sun for many hours, either trekking or sunbathing, it is important for you to watch your hydration! Drinking 2-4 liters of non-alcoholic liquid per day — especially water, has been proven to benefit your body and improve your overall health.



Using a reusable bottle in contrast to a single-use PVC one will help your keep yourself hydrated and healthy while at the same time reduce the use of plastic.



You can fill your bottle as often as you like from the Kalypso fresh water spring, located in the garden, in front of the Cafe - Bar Restaurant area. The water is pristine clean, running through a reverse osmosis filter and is 100% fresh, clean, potable.

Thank you for your contribution to keep our planet Green!